



Judo Bond Nederland

Open Noord-Hollandse kampioenschap jiu-jitsu

The Judo Bond Nederland is proud to announce:

Het Open Noord-Hollandse kampioenschappen 2019

The open Noord-Hollandse kampioenschappen will be held on: **Saturday the 22nd of juni 2019** at the sports complex "de Walvis". In FIGHTING-SYSTEM en DUO-SYSTEM.

Location

Sporthal Beverwijk (De Walvis)
Van Loenenlaan 1
1945 TB Beverwijk

Subscription

By sportdata: www.sportdata.org

Entrance fee

No entrance fee will be collected.

Subscription fee

To make the ONHK accessible to all jujitsu Marika, a low registration fee has been chosen:

Participant fighting:	€4,- per athlete
Participant DUO-System:	€8,- per duo

The registration fee must be transferred to: NL88RABO0161830943 in the name of "JBN district Noord Holland" with payment reference: **fighting: 18/19.22** and for **Duo: 18/19.23** and the participants name.

Aanvullende informatie:

Coaching

One coach will be permitted for every 4 contestants with a maximum of 4 coaches per sporting club.

Program

The scheduling will be announced no later than June 14 2019.

Rules and regulations:

During the ONHK 2019 JJIF rules and regulations will be enforced.
[Jiu-Jitsu Ne-Waza BJJ-regelement.](#)



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Additional information:

Weigh in:

For the weigh in all participants must be wearing trousers (covering at least the knees) and a short-sleeved t-shirt (covering at least the shoulders). Changing of clothes must take place in the provided changing rooms, not in the weigh in room.

Scheduling

Contestants will be scheduled by age and weight as much as possible. Competition management reserves the privilege to merge categories and weight classes.

Competition management assumes no liability for theft or injury, etc.